
Individual Men:

NAME	CAT	Club	Time
Kit Lau	V40	SAC	00:32:16
Dan Latham	S	Hardley Runners	00:32:35
Andrew Gough	S	Eastleigh RC	00:33:39
Callum Johnson	S	Hardley Runners	00:33:59
Matthew Brearley	V50	Lymington Tri	00:34:19
Peter Reichrt	V50	New Forest Runners	00:34:24
Isaac Andrews	S	Hedge End RC	00:36:02
Jon Ward	V40	SAC	00:36:28
Martin Loveless	V60	Hardley Runners	00:36:39
Peter Robbins	V50	Eastleigh RC	00:37:11
Simon Ibbotson	S	Hardley Runners	00:37:21
Paul Blundell	V50	Hardley Runners	00:37:24
John Wallace	V50	Eastleigh RC	00:37:33
Tony Lees	V60	Totton RC	00:37:50
Duncan Maclean	S	Wessex RR	00:38:12
Frazer Bailey	S	Itchen Spitfires RC	00:38:17
Wayne Andrews	V40	Hedge End RC	00:38:19
Pete Siddall	V50	Halterworth Harriers	00:39:44
Michael Selby	V50	Eastleigh RC	00:39:57
Anthony Kendrick	V60	Totton RC	00:40:00
David Steed	S	Netley Abbey Runners	00:40:03
Stuart Pickard	V40	Hedge End RC	00:40:27
Dimitri Elenis	V40	New Forest Runners	00:40:36
Graham Hoskins	V50	Eastleigh RC	00:41:08
ColinJohnson	V60	Lymington Tri	00:42:00
Phillip Knight	S	Wessex RR	00:42:08
Paul Garland	V50	Halterworth Harriers	00:43:04
Luca Reggio	S	Lymington Athletes	00:43:09
Carlo van Leeuwen	V40	Hedge End RC	00:43:09
Mick Anglim	V70	Hardley Runners	00:43:14
Jono Harvey	V40	Eastleigh RC	00:43:49
Andrew Codrai	V40	Hedge End RC	00:43:50
Jason Shoosmith	V40	Eastleigh RC	00:43:55
Barry Davis	V50	Halterworth Harriers	00:44:25
Keith Sheppard	V60	Hedge End RC	00:44:27
Steve Blight	V50	Hardley Runners	00:44:33
Dave Lavington	S	Eastleigh RC	00:44:58
Paul Sidaway	V60	Eastleigh RC	00:45:10
Paul Goode	V50	New Forest Runners	00:45:12
Malcolm Quayle	V60	Netley Abbey Runners	00:45:33
Craig Taylor	V40	Totton RC	00:45:34
Russell Hawkins	V40	Southampton Tri Club	00:46:16

Tim Ford	V60	Hedge End RC	00:47:01
Dave Murray	V50	Totton RC	00:47:15
Kevin Rowe	V60	Hedge End RC	00:47:27
Barry Ponsford	V60	Lymington Tri	00:47:35
Nigel Smyth	V40	Wessex RR	00:48:06
Tim Collinson	V60	Hardley Runners	00:49:04
Dave Turpitt	V60	Eastleigh RC	00:49:18
Chris Ashdown	V40	Hedge End RC	00:49:55
Dave Price	V60	Netley Abbey Runners	00:50:02
Dan Forshaw	V40	Eastleigh RC	00:50:05
Aaron Rodgers	S	Hedge End RC	00:50:21
John Pugh	V70	Totton RC	00:51:00
Ian Beveridge	V50	Hardley Runners	00:51:24
Michael Johnson	V50	Eastleigh RC	00:51:47
Matthew Collins	S	Eastleigh RC	00:52:31
David Peterson	V40	Eastleigh RC	00:53:19
Paul Cox	V50	Lymington Tri	00:53:19
Trevor Swift	V50	Eastleigh RC	00:53:54
Mark Lee	V50	Hardley Runners	00:54:43
Mark Parkin	V60	Eastleigh RC	00:54:55
Steve White	V50	Eastleigh RC	00:55:17
Mike Mills	V70	Totton RC	00:56:09
Eddie Oliver	V50	Netley Abbey Runners	00:56:11
Michael Snowden	V40	Eastleigh RC	00:57:05
Sandy Glen	V70	Lymington Tri	00:57:49
Melvyn Holloway	V60	Eastleigh RC	00:58:48
Jeremy Barber	V60	Hardley Runners	00:59:22
Terry Earney	V70	Hardley Runners	00:59:29
Derek Lee	V70	Lymington Tri	01:00:19
Andrew Brooks	v70	Wessex RR	01:00:44
Robert Jones	V40	Hedge End RC	01:02:24
Doug Maclean	v70	Wessex RR	01:02:57
Richard Widdop	v70	Wessex RR	01:03:42
Chris Kidd	S	Hardley Runners	01:05:57
Larry Cooley	V60	Eastleigh RC	01:39:38

Individual Women:

NAME	CAT	Club	Jan
Alice Rudd	S	Hardley Runners	00:35:35
Karen Denham	V40	Hardley Runners	00:37:59
Gemma Russhard	S	Lymington Tri	00:38:10
Valeria Sesto	V40	Lymington Athletes	00:39:32
Stephanie Kirby	S	Southampton Tri Club	00:39:52
Emma Clayton	S	New Forest Runners	00:40:07
Sarah Nangle	V40	Eastleigh RC	00:40:27
Claire Wood	S	Southampton Tri Club	00:40:30
Jayne Carey	V50	Eastleigh RC	00:40:32
Kelly Anetts	S	Hardley Runners	00:41:03
Hannah Cockle	S	Hardley Runners	00:41:33
Eloise Curzon	S	Lymington Athletes	00:41:48
Charlie Welsh	S	Lymington Athletes	00:41:48
Claire Powell	V40	Hedge End RC	00:42:27
Marion Frewin	V40	New Forest Runners	00:42:28
Laura Jack	S	Netley Abbey Runners	00:43:06
Hannah Picton-Jones	S	Hedge End RC	00:43:09
Úrsula Nealon	S	Lymington Athletes	00:43:09
Kelly Milner	V40	Hedge End RC	00:43:40
Sarah Bennetts	V40	Lymington Tri	00:43:40
Tania Watson	S	Solent Running Sisters	00:44:12
Rachel McCulloch	S	Totton RC	00:44:19
Antonia Cox	V50	Lymington	00:44:31
Kirsty Shannon	V50	Hedge End RC	00:45:10
Mandy Jones	V40	Totton RC	00:45:23
Melanie Ford	V60	Hedge End RC	00:46:10
Hazel Curtis	S	Netley Abbey Runners	00:46:34
Frankie Colling	V50	Eastleigh RC	00:46:58
Jane Burns	V50	New Forest Runners	00:48:02
Trudi Lloyd Williams	V60	Lymington Tri	00:48:08
Sophie Kemp	S	Lymington Tri	00:48:17
Jo Murphy	V50	New Forest Runners	00:48:34
Fiona Churcher	V40	Eastleigh RC	00:48:51
Hayley Chilvers	V50	Eastleigh RC	00:49:05
Carla O'Grady	S	Eastleigh RC	00:49:46
Mary Corbett	V60	Eastleigh RC	00:50:14
Claire Cannon	S	Hedge End RC	00:50:21
Theresa Jurdic	V40	Eastleigh RC	00:50:41
Frances Stewart	V70	Totton RC	00:51:00
Jane Hodge	V60	Hardley Runners	00:51:10
Helen Borrett	V40	Hedge End RC	00:51:10

Donna Ruffles	V40	Solent Running Sisters	00:51:11
Stephanie Cooley	S	Eastleigh RC	00:51:14
Teresa Dodkin	V40	Totton RC	00:51:19
Sarah Fitton	V50	Hardley Runners	00:52:02
Chris Harris	V70	Hardley Runners	00:52:02
Bethan Davis	V50	Hedge End RC	00:52:29
Katherine Broomfield	S	Hardley Runners	00:52:51
Kathryn Bailey	S	Itchen Spitfires RC	00:52:54
Glenda Monson	V60	Lymington Tri	00:53:02
Kat Hoppe	S	SAC	00:53:02
Caroline Richmond	V50	Hardley Runners	00:53:42
Michelle Gammon	V40	Totton RC	00:53:59
Nadine Turner	V40	Hedge End RC	00:54:15
Tina Mills	V60	Totton RC	00:54:22
Emma Wilson	S	Itchen Spitfires RC	00:54:40
Millie Webb	S	Totton RC	00:54:49
Joanne Labram	V40	Hedge End RC	00:56:09
Eileen Fitzgerald	V50	Solent Running Sisters	00:56:11
Hilary Hinks	V60	Hardley Runners	00:56:17
Victoria Dewey	S	Eastleigh RC	00:56:19
Lorraine Sault	V50	Eastleigh RC	00:56:46
Sally Harbut	V40	Hardley Runners	00:57:30
Sheila Fox	V60	Southampton Tri Club	00:57:35
Siân Andrews	V40	Hedge End RC	00:57:59
Shona Lewis	V40	Netley Abbey Runners	00:58:23
Sarah Cook	V40	Netley Abbey Runners	00:58:23
Sarah Rejchrt	V40	New Forest Runners	00:58:33
Danielle Friedman-Brown	V40	Solent Running Sisters	00:58:50
Helen Lamb	V50	New Forest Runners	00:58:54
Donna Pike	V40	Totton RC	00:58:55
Jacqui Healey	V50	Hardley Runners	00:58:58
Alice Fenlon	S	Hedge End RC	00:59:09
Alana Williams	S	Hedge End RC	00:59:09
Pamela Hatt	V50	Solent Running Sisters	00:59:37
Siân Motyer	V50	Totton RC	00:59:55
Emma Hawkins	V40	Southampton Tri Club	01:00:00
Ellen Urwin	V50	Lymington Tri	01:00:15
Clare Carden	V60	Lymington Tri	01:00:15
Janice Collis	V60	Netley Abbey Runners	01:00:31
Karen Convery	V40	Hedge End RC	01:01:07
Emma Tyler	V50	Eastleigh RC	01:01:37
Anne Green	V50	Eastleigh RC	01:01:57
Rachel Stacey	S	Hedge End RC	01:02:08
Annabel Hodgson	V60	Solent Running Sisters	01:03:00
Lisa Ellis	V60	Solent Running Sisters	01:03:00
Hayley Dunford	S	Hedge End RC	01:03:31
Ruth Johnson	V40	Netley Abbey Runners	01:03:48
Olenka Snell	V60	Eastleigh RC	01:04:56

Jess Moore	S	Solent Running Sisters	01:05:01
Sharon Summers	V50	Hedge End RC	01:05:06
Helen Fry	V50	Hedge End RC	01:05:22
Jan Anglim	V70	Hardley Runners	01:05:55
Angela Goodall	V50	Solent Running Sisters	01:06:11
Kerry Morgan	V40	Netley Abbey Runners	01:06:13
Louise Hillier-Wheal	V40	Solent Running Sisters	01:10:05
Gin Tidridge	V50	Solent Running Sisters	01:10:05
Karen Bolton	V50	Solent Running Sisters	01:12:13
Roselle Farr	S	Netley Abbey Runners	01:14:38
Kerry Rayment	V50	Solent Running Sisters	01:17:21
Danielle Ward	S	Hedge End RC	01:18:26
Joanne Johnson	V40	Hedge End RC	01:39:22
Helen Evans	S	Hedge End RC	01:39:22
Yvonne Cooley	V60	Eastleigh RC	01:39:38

Men's Team Standings:

Club	Time
Hardley Runners	02:20:34
Eastleigh RC	02:28:20
Hedge End RC	02:37:57
Totton RC	02:50:39
Lymington	02:57:13
Wessex RR	03:09:10
Netley Abbey Runners	03:11:49

Women's Team Standings:

Club	Time
Hardley Runners	01:54:37
Lymington Athletes	02:03:08
Lymington Tri	02:06:21
Eastleigh RC	02:07:57
Hedge End RC	02:09:16
New Forest Runners	02:10:37
Southampton Tri Club	02:17:57
Totton RC	02:20:42
Netley Abbey Runners	02:28:03
Solent Running Sisters	02:31:34