A message from Annie Bruce-Low

THANK YOU

Dear Friends and Fellow Runners

I am writing this rather than reading it out to you. This gives you the chance to walk away without reading!

First I would like to give posthumous thanks to the late Terry Burton who taught me so much about club running and also disillusioned me that Hampshire was flat!

Sam, Chris and Neil I also thank for all the help and patience shown to me in encouraging my training. Also to everyone who has helped heave my bike (and me) over enormous fallen trees and up hills. Not forgetting the Committee who have been behind me and done a sterling job for the Club.

Without Rose and Dave taking us to all the CC6 and RR10s I wouldn't have been given the honour and privilege of the Geoff Mills Trophy. Thanks also for their patience in all weather. Also to Diana braving the inclement weather for me to finish so she could get home.

Lifts are very important as I worry in case I am injured and can't drive home. Peter is at the age where he doesn't really like driving, especially when he doesn't know where he is going, but likes to try and support me whenever possible.

I must not forget Peter for having to plan his life round my running. Also for bearing the bitter cold to support me and carry my things.

Stewart, our son (newly made professor) always makes sure I have the right gear and also there to encourage me with tips and support.

The support I have received over the years from the club has been amazing and without it I wouldn't still be running.

Lastly, I would like to say an extremely grateful thanks to all those, not only in our Club, that have supported me and encouraged me to keep running in the cross country runs. This has not been a selfish move for me, but a move for all slower runners to ensure that we can all continue the friendship and fun rising from these occasions.

I shall close and say – if you are still reading this – a very warm and sincere thank you to one and all!!!