

Exbury 10k 2009 - Race Results

RACE NO	RACE POS	TIME			NAME	AGE	Sex	CLUB
		HR	MIN	SEC		GROUP		
183	1		36	07	West Matthew	Snr	M	Winchester & District A.C.
169	2		36	49	Kellaway Andrew	V40	M	Hardley Runners
137	3		37	43	McMorran Simon	V40	M	Isle Of Wight Road Runners
160	4		38	03	Green Alex	Snr	M	Unaffiliated
65	5		38	13	Powell Daniel	Snr	M	Hardley Runners
22	6		38	21	Hunt Jimmy	Snr	M	Romsey Road Runners
168	7		39	10	Best Mike	V50	M	Poole Runners
148	8		39	20	Tanner Callum	Snr	M	Unaffiliated
142	9		39	42	Purdom Dale	V40	M	Hardley Runners
118	10		40	34	White Gary	V50	M	Poole Runners
87	11		40	40	Delara Sidney	V50	M	Southampton Running Club
21	12		40	52	Johnson Paul	V40	M	Southampton Running Club
179	13		40	55	Rowlands Kevyn	Snr	M	Careys Manor
184	14		40	57	Churcher Steve	V40	M	Eastleigh RC
291	15		41	03	Whitaker Lynne	V45	F	Romsey Road Runners
163	16		41	12	Contreras Michael	V50	M	Unaffiliated
149	17		41	46	Tanner Matthew	V40	M	Unaffiliated
181	18		41	47	Court Alan	V40	M	Eastleigh RC
16	19		41	48	Smith Derek	V50	M	Winchester & District A.C.
39	20		41	54	Coe Andrew	Snr	M	Unaffiliated
300	21		42	06	Hull Amanda	Snr	F	Romsey Road Runners
382	22		42	09	Donaldson Carol Ann	Snr	F	Southampton RC
117	23		42	23	Ward Jon	SNR	M	Unaffiliated
131	24		42	36	Rogers Ian	V40	M	Eastleigh RC
66	25		42	38	Darcy Mark	Snr	M	Hardley Runners
146	26		42	46	Brian Rummery	V50	M	Eastleigh RC
9	27		42	51	Hawker Ian	V40	M	Hardley Runners
85	28		42	55	Cotterell Graham John	V50	M	Southampton Running Club
31	29		43	05	Andrews Martin	V50	M	Unaffiliated
48	30		43	09	Nairn Roderick	V50	M	Stubbington Green Runners
174	31		43	27	Pickard Steven	Snr	M	Unaffiliated
166	32		43	30	Royle Kevin	V50	M	Eastleigh RC
143	33		43	41	Andrew Ben	Snr	M	Unaffiliated
13	34		43	43	Simpson Andy	V40	M	Unaffiliated
36	35		43	49	Williams Christopher	Snr	M	Unaffiliated
152	36		43	49	Jones Colin	V50	M	Eastleigh RC
64	37		43	58	Crane Gary	V40	M	Unaffiliated
112	38		44	11	Cole Marc	Snr	M	Unaffiliated
161	39		44	14	Price Philip	Snr	M	Unaffiliated
331	40		44	24	Hollowbread Becky	V35	F	New Forest Runners
95	41		44	40	Hemmatpour Darius	Snr	M	Unaffiliated
71	42		44	49	Johnston David	V40	M	Unaffiliated
52	43		44	50	Emmett Laurence	Snr	M	Unaffiliated
302	44		44	52	Chalwin Olivia	Snr	F	Unaffiliated
62	45		44	58	Gould David	V40	M	Hardley Runners
104	46		45	05	Muenzel Valentin	Snr	M	Unaffiliated
90	47		45	20	Sykes Phil	V50	M	Victory AC
24	48		45	35	Dyke Adrian	V40	M	Purple Patch Running Club
317	49		45	42	Barfoot Nicky	V35	F	Eastleigh RC
100	50		45	45	Eaton Chris	Snr	M	Unaffiliated
132	51		45	48	Jackson Russell	Snr	M	Unaffiliated
44	52		45	48	Emerson Brooks Shaun	Snr	M	Unaffiliated
125	53		45	53	Patterson Christopher	V50	M	New Forest Runners
70	54		45	56	Atkins Jonathan	Snr	M	Unaffiliated
133	55		45	59	Ghent David	Snr	M	Unaffiliated
84	56		46	06	Shatwell Paul	V50	M	Unaffiliated
42	57		46	09	Fritter Mark	V40	M	Unaffiliated
159	58		46	17	Mileusnic Simon	Snr	M	Unaffiliated
78	59		46	26	Davies Steve	V50	M	Romsey Road Runners
229	60		46	26	Mitchell Siobhan	V45	F	Southampton Running Club
333	61		46	30	Bentley Laura	Snr	F	Hardley Runners
17	62		46	37	Dunlop James	V40	M	Southampton Running Club
307	63		46	38	Grayson Yvonne	V45	F	Liss Runners
145	64		46	46	Paul Alistair	V50	M	Overton Harriers AC

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RACE NO	RACE POS	TIME			NAME	AGE	Sex	CLUB
		HR	MIN	SEC		GROUP		
286	65	46	52	Jennings Penny	V45	F	Romsey Road Runners	
303	66	47	33	Crawley Anita	V35	F	Denmead Striders	
54	67	47	35	Betts John	V60	M	Chichester Runners & A.C.	
7	68	47	36	Hancock Paul	V40	M	Unaffiliated	
242	69	47	37	Wilding Amanda	Snr	F	Winchester & District A.C.	
77	70	47	44	Healy Terry	V50	M	Chichester Runners	
130	71	47	53	Kendrick Tony	V50	M	Halterworth Harriers	
67	72	48	04	Jarvest Paul	Snr	M	Unaffiliated	
75	73	48	17	Sharp Gary	V40	M	Unaffiliated	
68	74	48	18	Jarvest David	V60	M	Unaffiliated	
211	75	48	20	Lang Zoe	V35	F	Unaffiliated	
60	76	48	24	Barns John	V60	M	Hardley Runners	
46	77	48	27	Jenkins David	V60	M	New Forest Runners	
45	78	48	34	Best Andrew	V40	M	Unaffiliated	
354	79	48	41	Hodge Jane	V45	F	Hardley Runners	
153	80	48	42	Watkins gareth	V40	M	Southampton Running Club	
157	81	48	47	Todd Iain	V50	M	Unaffiliated	
139	82	48	53	Cornelius Barry	V60	M	Unaffiliated	
119	83	48	58	Wilson Robert	Snr	M	Unaffiliated	
175	84	48	59	Pickard Andrew	V40	M	Unaffiliated	
23	85	49	00	Fowler Dean	Snr	M	Unaffiliated	
83	86	49	07	Dibden Paul Henry	V50	M	Eastleigh RC	
355	87	49	13	Wilson Judith	V55	F	Trail Running Association	
120	88	49	14	Harris Alan	V60	M	Unaffiliated	
8	89	49	15	Storey Kelvin Michael	Snr	M	Southampton Tri Club	
171	90	49	25	Lawrenson Guy	V60	M	Hardley Runners	
105	91	49	27	Perriam Andrew	V40	M	Unaffiliated	
35	92	49	39	Williams Colin	V50	M	Unaffiliated	
114	93	49	51	Collett Darren	Snr	M	Unaffiliated	
141	94	49	56	Free Charles	V50	M	Eastleigh RC	
339	95	49	59	Stewart Frances	V55	F	Totton RC	
180	96	50	00	Poole Trevor	V60	M	South West Vets A.C.	
107	97	50	02	Emberson Samuel	Snr	M	Unaffiliated	
102	98	50	03	Bateman Michael	Snr	M	Unaffiliated	
127	99	50	04	Sundborg Neil	Snr	M	Unaffiliated	
172	100	50	13	Jewell Greg	Snr	M	Unaffiliated	
349	101	50	32	Buley Rona	V45	F	Eastleigh RC	
252	102	50	35	Jenkins Jackie	V65	F	New Forest Runners	
232	103	50	37	White Hannah	Snr	F	Romsey Road Runners	
371	104	50	41	Burnston Wendy	V35	F	Unaffiliated	
57	105	50	51	Uwins Colin	V50	M	Unaffiliated	
221	106	51	01	Cockeram Fraser	Snr	M	Unaffiliated	
156	107	51	14	Scott Rick	V50	M	Stubbington Green Runners	
106	108	51	15	Thorne Kevin	Snr	M	Unaffiliated	
103	109	51	18	Godwin Tom	Snr	M	Unaffiliated	
76	110	51	21	Heron John	V40	M	Unaffiliated	
97	111	51	25	Moore David	V40	M	Unaffiliated	
74	112	51	26	Wardle Steve	Snr	M	Unaffiliated	
94	113	51	29	Perkins James	Snr	M	Unaffiliated	
372	114	51	31	Murphy Debbie	V45	F	New Forest Runners	
37	115	51	33	Merton Jones Richard	Snr	M	Unaffiliated	
11	116	51	41	Barber Jeremy	V50	M	Hardley Runners	
325	117	51	42	Freeman Caroline	V35	F	Farnham Runners	
47	118	51	44	O'Farrell Paul	Snr	M	Unaffiliated	
49	119	51	45	Williams Richard	V40	M	Unaffiliated	
290	120	51	53	Sykes Sarah	V45	F	Victory AC	
4	121	51	55	Davies William	V70	M	Winchester & District A.C.	
80	122	51	56	Edwards Robert	V60	M	Victory AC	
110	123	51	59	Bennett Bernard	V70	M	Winchester & District A.C.	
89	124	52	00	Goss Oliver	Snr	M	Westbourne RC	
215	125	52	22	Robertson Jane	V35	F	Unaffiliated	
73	126	52	22	Purkiss Mark	V40	M	Unaffiliated	
34	127	52	35	Pinckney James	Snr	M	Unaffiliated	
10	128	52	44	Johnson Matt	Snr	M	Unaffiliated	

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		HR	MIN	SEC		GROUP		
126	129	52	50	Farmer Dennis	V50	M	Hardley Runners	
348	130	52	53	Lanaghan Lara	Snr	F	Eastleigh RC	
245	131	52	55	Merton Jones Sheila	V45	F	Unaffiliated	
32	132	52	55	Dutton Mike	V50	M	Hardley Runners	
15	133	53	03	Skelton Karl	V40	M	Southampton Running Club	
346	134	53	11	Zottl Lynne	V35	F	Unaffiliated	
319	135	53	19	Amy Christine	V55	F	West Wight Road Runners	
238	136	53	21	Smith Samantha	Snr	F	Hardley Runners	
251	137	53	22	Tucker Michelle	Snr	F	Unaffiliated	
285	138	53	27	Buckley Teresa	V35	F	Eastleigh RC	
301	139	53	33	Simpson Shona	V35	F	Unaffiliated	
51	140	53	35	Sharp Nigel	Snr	M	Unaffiliated	
58	141	53	39	Morrison Richard	Snr	M	Unaffiliated	
5	142	53	39	Rooker David	V45	M	New Forest Runners	
88	143	53	40	Lee Martin	Snr	M	Unaffiliated	
283	144	53	44	Chivers Maria	V35	F	Eastleigh RC	
3	145	53	50	Archer James	Snr	M	Unaffiliated	
239	146	53	51	Sales Anne	V45	F	Southampton Running Sisters	
108	147	53	52	Benest Lance	V40	M	Unaffiliated	
140	148	53	52	Hewitt David	V50	M	Eastleigh RC	
218	149	53	52	Atkinson Sylvie	V45	F	Hardley Runners & Soton Tri	
364	150	53	58	Caden Siobhan	Snr	F	Unaffiliated	
155	151	54	07	Brown Doug	V40	M	Unaffiliated	
284	152	54	19	Shatwell Sarah	V45	F	Unaffiliated	
129	153	54	20	Amy Brian	V60	M	West Wight Road Runners	
81	154	54	21	Walker David Alan	V50	M	Unaffiliated	
212	155	54	21	Cunliffe Helen	V35	F	Unaffiliated	
216	156	54	22	Absolom Sharon	V35	F	Unaffiliated	
380	157	54	29	Roberts Rebecca	Snr	F	Hampshire Constabulary	
92	158	54	38	MacEnri Michael	V50	M	Fareham Crusaders	
306	159	54	40	Banberry Sally	Snr	F	New Forest Runners	
41	160	54	41	Thomas Andy	V40	M	Unaffiliated	
246	161	54	41	Vasili Caroline	V35	F	Unaffiliated	
99	162	54	46	Hughes Dai	V40	M	New Forest Runners	
50	163	55	13	Grimes Daniel	Snr	M	Unaffiliated	
334	164	55	16	Arnott Simone	V45	F	Halterworth Harriers	
273	165	55	19	Williams Zoe	Snr	F	Unaffiliated	
214	166	55	19	Tillick Tracey	Snr	F	Unaffiliated	
165	167	55	20	Ching Chas	V70	M	South West Vets A.C.	
6	168	55	22	Brackstone Mark	V40	M	Unaffiliated	
282	169	55	47	Dibden Stephanie Louise	V45	F	Eastleigh RC	
53	170	55	54	Mason John	Snr	M	Unaffiliated	
178	171	56	03	Francis Tim	V40	M	Unaffiliated	
176	172	56	04	Conlan Martin	V50	M	Unaffiliated	
347	173	56	05	Boddy Nina	V35	F	Unaffiliated	
265	174	56	07	Cairns Katie	Snr	F	Bournemouth Joggers	
322	175	56	10	Buckley Diane	V45	F	New Forest Runners	
79	176	56	22	Smith Paul	Snr	M	Unaffiliated	
277	177	56	22	O'Hanlon Alison	Snr	F	Unaffiliated	
308	178	56	27	Persson Jacqui	V35	F	Unaffiliated	
19	179	56	30	Doughty Dave	Snr	M	Unaffiliated	
309	180	56	36	Gedge Elizabeth Ann	V35	F	Unaffiliated	
33	181	56	39	Ryan Mike	V60	M	New Forest Runners	
227	182	56	40	Shiell Susan	V55	F	Lordshill Road Runners	
86	183	56	45	Howes Andrew	V60	M	Unaffiliated	
240	184	56	47	Baker Jane	V45	F	Unaffiliated	
272	185	56	48	Subramaniam Sumithra	Snr	F	Unaffiliated	
25	186	56	56	Price Andy	V40	M	Unaffiliated	
138	187	56	57	Thomas Kevin	V40	M	Lordshill Road Runners	
314	188	57	08	Wratten Marilyn	V55	F	Hardley Runners	
363	189	57	15	Pilgrim Charlotte	Snr	F	Unaffiliated	
150	190	57	24	Czasny-Bonomo Helmut	Snr	M	Hardley Runners	
292	191	57	25	Steed Maureen	V55	F	Garden City Runners	
185	192	57	44	Keeley Paul	V50	M	Unaffiliated	

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359	193		57	53	Duignan Anna	V55	F	Romsey Road Runners
14	194		57	58	Ballard Michael	V60	M	Hardley Runners & Soton Tri
154	195		58	08	Godden Ron	V50	M	Unaffiliated
356	196		58	09	Godden Lindsay	V45	F	Unaffiliated
201	197		58	19	Dempster Tina	V45	F	Southampton Running Sisters
250	198		58	27	Seymour Marnie	Snr	F	Hardley Runners
96	199		58	34	Spencer Robert	V50	M	Stubbington Green Runners
98	200		58	37	Larkin Peter	V50	M	Portsmouth Joggers
275	201		58	39	Tooze Jane	V35	F	Southampton Tri Club
288	202		58	39	Howes Shulah	Snr	F	Unaffiliated
206	203		58	46	Rooker Sophie	Snr	F	New Forest Runners
226	204		58	49	Ingram Rachel	V45	F	Southampton Running Sisters
56	205		58	54	Hilliard Paul	Snr	M	Unaffiliated
208	206		58	57	English Penny	Snr	F	Unaffiliated
225	207		59	02	Heath Gillian	V45	F	Southampton Running Sisters
311	208		59	09	Stevenson Lynn	V45	F	New Forest Runners
262	209		59	10	Barns Emily	Snr	F	Unaffiliated
304	210		59	19	Plascott Christine	Snr	F	Unaffiliated
278	211		59	26	Waters Anne Jane	V45	F	Unaffiliated
329	212		59	34	Couper Wendy	V65	F	Romsey Road Runners
352	213		59	43	Stovell Leonora	V45	F	Hardley Runners
367	214		59	59	Phillips Cheryl	V35	F	Unaffiliated
359	215	1	0	10	Duignan Anna	V55	F	Romsey Road Runners
29	216	1	0	13	Borgerson Harry	V50	M	Eastleigh RC
162	217	1	0	23	Baxter Alex	V50	M	Unaffiliated
128	218	1	0	24	Foucher Remmy	Snr	M	Unaffiliated
204	219	1	0	31	Brackstone Julie	V35	F	Unaffiliated
203	220	1	0	35	Bootman Angie	V55	F	Unaffiliated
313	221	1	0	41	Hield Kathryn Louise	Snr	F	Unaffiliated
243	222	1	0	43	Perks Corinne	V55	F	Civil Service Sports Assoc
257	223	1	0	58	Jones Yvette	V35	F	New Forest Runners
253	224	1	1	00	O'Farrell Caroline	V35	F	Unaffiliated
182	225	1	1	03	Mills Geoffrey	V70	M	Hardley Runners
164	226	1	1	07	Tupling Ted	V60	M	South West Vets A.C.
361	227	1	1	11	Steward Jackie	V45	F	Southampton Running Sisters
210	228	1	1	20	Moon Linda	V45	F	Southampton Running Sisters
258	229	1	1	21	Ketchell Sarah	V35	F	Christchurch Runners & A.C.
264	230	1	1	22	Awcock Susan	V45	F	Christchurch Running Club
294	231	1	1	23	MacEnri Liz	V45	F	Fareham Crusaders
279	232	1	1	24	Horton Melanie Susan	V35	F	Unaffiliated
213	233	1	1	38	Keeble Emily	Snr	F	Unaffiliated
26	234	1	1	39	Henson Dave	Snr	M	Unaffiliated
209	235	1	2	07	Wilton Susan	V45	F	Southampton Running Sisters
244	236	1	2	11	Snudden Irene	V35	F	Unaffiliated
293	237	1	2	16	Savage Ileana	V35	F	Unaffiliated
368	238	1	2	16	Fabling Debbie	V35	F	Unaffiliated
298	239	1	2	26	Hean Sarah	V35	F	Hardley Runners
276	240	1	2	33	Callus Gill	V55	F	Romsey Road Runners
2	241	1	2	44	Harfitt Mark	Snr	M	Unaffiliated
230	242	1	2	52	Howden Caroline	Snr	F	Unaffiliated
241	243	1	3	03	Ryan Glenys	V55	F	New Forest Runners
220	244	1	3	03	Bruce Burgess Hilary	V60	F	New Forest Runners
336	245	1	3	18	Kyrpriadis Tina	V35	F	Unaffiliated
337	246	1	3	18	Malcolm-Richards Sarah	V35	F	Unaffiliated
338	247	1	3	18	Anderson Ruth	V45	F	Unaffiliated
335	248	1	3	49	Calladine Shirley	V35	F	Unaffiliated
341	249	1	4	01	Johnston Diana	V45	F	Unaffiliated
360	250	1	4	01	Hoghton Nicola	V45	F	Unaffiliated
123	251	1	4	11	Parsons Mark William	Snr	M	Unaffiliated
124	252	1	4	11	HIELD MARK STEPHEN	SNR	M	UNAFFILIATED
350	253	1	4	19	Gross June	V45	F	Unaffiliated
287	254	1	4	26	Stringer Julie	Snr	F	Unaffiliated
231	255	1	4	40	Hoskins Veronica	V45	F	Unaffiliated
332	256	1	4	46	Blakey Teresa	V45	F	Unaffiliated

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205	257	1	4	51	Maddocks Susan	V45	F	Southampton Running Sisters
116	258	1	5	04	Trodd Ron	V70	M	South West Vets A.C.
72	259	1	5	05	Clarke Andrew	Snr	M	Unaffiliated
362	260	1	5	06	Breeze Pauline	V55	F	New Forest Runners
343	261	1	5	19	Oates Marian	V65	F	New Forest Runners
233	262	1	5	26	Baker Gemma	Snr	F	Southampton Running Sisters
91	263	1	5	39	Woods George	V70	M	Garden City Runners
330	264	1	5	53	Parker Jeanette	V55	F	Halterworth Harriers
340	265	1	5	55	Wallace Patricia	V45	F	Unaffiliated
351	266	1	5	56	Thompson Jane	V45	F	Unaffiliated
326	267	1	5	58	Walton Lisa	Snr	F	Unaffiliated
327	268	1	5	58	Dumbrill Liz	V35	F	Unaffiliated
320	269	1	6	01	Anderson Nikki	V35	F	Unaffiliated
254	270	1	6	03	Deane Jenny	Snr	F	Unaffiliated
255	271	1	6	03	Griffiths Michelle	Snr	F	Unaffiliated
377	272	1	6	08	Jones Samantha	Snr	F	Unaffiliated
312	273	1	6	11	Harris Barbara	V55	F	Unaffiliated
374	274	1	6	12	Hyatt Laura	Snr	F	Unaffiliated
274	275	1	6	18	Cotton Kim	V35	F	Unaffiliated
219	276	1	6	29	Rumary Dawn	V55	F	Eastleigh RC
18	277	1	6	57	Shiell Duncan	V60	M	Lordshill Road Runners
369	278	1	7	26	Lewis Claire	Snr	F	Unaffiliated
376	279	1	7	35	Barnes Karen	V45	F	New Forest Runners
228	280	1	7	44	Tomlins Stella	V65	F	Unaffiliated
30	281	1	7	44	Wright Paul	V50	M	Unaffiliated
318	282	1	8	07	Foucher Mariana	Snr	F	Unaffiliated
310	283	1	8	14	Hall Liz	V45	F	Unaffiliated
237	284	1	8	26	Lever Jo	V45	F	Unaffiliated
224	285	1	9	04	Aspinall Freya	Snr	F	Southampton Running Sisters
379	286	1	9	06	May Geraldine	V45	F	Stubbington Green Runners
177	287	1	9	06	May Philip	V50	M	Stubbington Green Runners
260	288	1	9	33	Ridout Jacqueline	V35	F	Unaffiliated
378	289	1	9	40	Cottrell Diana	V45	F	New Forest Runners
223	290	1	10	45	Corrick Hilary	V65	F	Southampton Running Sisters
234	291	1	10	55	Ford Carol	V35	F	Amphill & Flitwick Flyers
248	292	1	12	00	Cockeram Colette	V45	F	Unaffiliated
370	293	1	12	55	Stocks Justine	V35	F	Unaffiliated
381	294	1	12	55	Hughes Judith	V35	F	Unaffiliated
265	295	1	14	17	Cairns Katie	Snr	F	Bournemouth Joggers
267	296	1	15	43	Gould Fiona	V45	F	Hardley Runners
375	297	1	15	58	Harrison Gail	V35	F	Hardley Runners
289	298	1	15	59	Sutton Diane	V35	F	Unaffiliated
222	299	1	16	04	D'Albert Sue	V35	F	Unaffiliated
261	300	1	17	01	Betts Janice	V55	F	Chichester Runners & A.C.
147	301	1	22	14	Beveridge Ian *****	V40	M	Unaffiliated
266	302	1	22	14	Beveridge Wendy	V35	F	Unaffiliated
357	303	1	29	43	Dowling Thelma	V65	F	Halterworth Harriers
207	304	1	33	57	Bruce-Low Ann	V65	F	Hardley Runners