

Weekend 5K Isolation Run Results

This is a record only of friends running in the New Forest / Southampton area spring 2020. All runners run solo, in isolation and at their own risk. No clubs are affiliated with this record. All data is given with permission.

Please only run in accordance with the Governments up to date advice and stay isolated from others, and please Stay Safe

In order of improved WAVA		Improved	Sub Badge	Time	WAVA	Time	WAVA	Time	WAVA	Time	WAVA	Time	WAVA	Time	WAVA	Time	WAVA	Time	WAVA	Time	WAVA	Time	WAVA	Time	WAVA	Time	WAVA	Time	WAVA	
Pos.	Runner	WAVA %	2020	Isolation Best	Prev. 2020 Best	Wk 1		Wk 2		Wk 3		Wk 4		Wk 5		Wk 6		Wk 7		Wk 8		Wk 9		Wk 10 Off Rd.	Wk 11		Wk 12			
1	Katherine Stocks	6.96%	Sub 31	30.55	48.19%	36.08	41.23%			36.08	41.23%			30.55	48.19%															
2	Jo Avery	4.41%	Sub 24	23.26	65.26%	25.08	60.85%			25.08	60.85%	24.42	61.91%	23.26	65.26%	25.21	60.33%	24.14	63.10%	24.20	62.34%			24.09	62.82%	27.25	55.33%			
3	Phil Pearce	4.04%	Sub 25	24.16	54.31%	26.13	50.27%	25.39	51.38%	24.16	54.31%			26.15	50.21%															
4	Vicki Clarke	3.89%	Sub 27	26.50	55.26%	29.00	51.37%	29.10	51.08%	29.48	49.99%			28.31	52.24%	27.38	53.91%			29.00	51.13%	28.55	51.08%	27.06	54.71%	26.50	55.26%			
5	Karen Denham	3.88%	Sub 23	22.08	70.99%	23.40	67.11%	24.00	66.17%	24.09	65.76%			22.55	69.30%	23.15	68.31%	23.17	68.21%	26.00	60.43%	22.11	70.83%	22.08	70.99%	23.32	66.77%			
6	Ann Brucelow	3.52%	Sub 51	50.54	50.07%	55.30	46.55%	59.43	42.91%	52.36	48.71%	54.10	47.30%	54.39	49.14%	53.30	50.07%	53.44	47.73%	52.20	45.38%	50.54	46.66%	54.46	43.36%	55.32	42.76%			
7	Danii Bundy	3.34%	Sub 27	26.41	55.34%	28.24	52.00%	27.50	53.05%	26.41	55.34%			29.24	50.34%			27.58	52.92%					29.16	50.46%	30.45	48.02%			
8	Graham Robbins	3.20%	Sub 19	18.38	71.20%	19.26	68.00%	18.38	71.00%			19.04	69.54%									18.44	71.20%			20.16	65.81%			
9	Terry Earney	2.94%	Sub 27	26.26	69.77%	27.53	66.83%	29.08	63.96%	28.05	66.35%	28.11	66.12%	27.58	66.63%	27.12	68.51%	27.03	68.89%	27.00	67.87%	26.26	69.77%	26.41	69.12%	26.49	68.77%			
10	Tamsin Roberts	2.33%	Sub 25	24.05	61.52%	25.02	59.19%	25.37	57.84%	27.25	54.04%			24.05	61.52%			24.08	61.39%	24.37	60.00%	24.07	61.24%	24.20	61.45%	27.40	53.38%			
11	Ben Andrew	1.95%	Sub 19	18.29	71.74%	19.00	69.79%	19.48	66.97%	19.36	67.76%	22.06	60.00%	18.29	71.74%	19.01	70.14%	18.52	70.28%	22.45	58.25%	19.10	69.59%	23.40	56.36%	22.40	58.84%			
12	Dan Latham	1.73%	Sub 18	17.48	74.72%	18.10	72.99%	19.27	68.11%	18.21	72.26%	18.03	73.46%	17.59	73.73%	17.48	74.49%	18.20	72.32%	17.51	74.24%	18.28	72.23%	17.51	74.72%	20.02	66.58%			
13	Matt Cafferky	1.28%	Sub 21	20.50	64.55%	21.06	63.27%	21.01	63.94%	20.50	64.55%	21.10	63.54%																	
14	David Sweeting	0.99%	Sub 23	23.00	57.65%	23.24	56.66%	23.00	57.65%																					
15	Kelly Anetts	0.85%	Sub 24	23.55	61.90%	24.15	61.05%					24.15	61.05%	24.50	59.62%	23.55	61.90%													
16	Grace Hawker	0.18%	Sub 29	28.44	51.51%	28.50	51.33%	31.00	47.74%			28.44	51.51%							29.16	50.46%	30.02	49.17%							
17	Simon Ibbotson	0.16%	Sub 19	18.51	69.70%	18.46	69.54%	22.44	57.41%	19.50	65.80%	19.24	67.27%	22.43	57.45%	19.08	68.21%	19.00	68.68%	18.55	69.01%	18.59	69.21%	18.51	69.70%	22.17	58.96%			
18	Giuliana Franzese-Henry		Sub 27	26.21	66.07%	26.21	66.07%			26.21	66.07%																			
20	Callum Johnson		Sub 18	17.49	72.94%	17.49	72.94%																			17.49	72.94%			
19	Tim Anetts	-0.20%	Sub 20	19.10	69.54%	18.30	69.74%					19.10	69.54%																	
21	Clare Branker	-0.79%	Sub 42	41.12	35.92%	40.19	36.71%	41.12	35.92%																					
22	David Gould	-1.28%	Sub 31	30.27	53.30%	29.58	54.58%					31.33	50.47%	30.27	53.30%	31.27	50.36%													
23	Jane Hodge	-1.41%	Sub 24	23.38	82.09%	23.14	83.50%	25.28	76.18%	24.04	80.61%	24.00	80.83%	23.46	81.36%	23.38	82.09%	24.30	79.18%	23.49	78.79%			24.27	76.75%	24.30	76.59%			
24	Sam East	-1.53%	Sub 22	21.26	65.14%	20.57	66.67%	21.26	65.14%											29.00	46.97%									
25	Sarah Fitton	-1.64%	Sub 28	27.14	61.34%	26.57	62.98%	28.22	59.84%	28.36	59.35%	29.24	57.74%	27.48	61.06%	35.30	47.82%	30.00	56.58%	27.23	61.00%	27.43	60.27%	27.32	60.67%	27.14	61.34%			
26	Charmaine Bradford	-2.68%	Sub 25	24.31	62.02%	23.30	64.70%	24.31	62.02%																					
27	Jeremy Barber	-2.79%	Sub 29	28.54	59.14%	27.35	61.93%									29.47	57.91%	29.10	59.14%	28.54	58.86%			45.18	37.78%	32.09	53.19%			
28	Steve Blight	-2.88%	Sub 24	23.41	64.35%	22.40	67.23%	23.41	64.35%	24.21	62.58%	26.43	57.04%	25.02	60.88%															
29	Chloe Riggs	-3.22%	Sub 28	27.47	53.27%	26.12	56.49%	27.47	53.27%																					
30	Mary Corbett	-3.25%	Sub 31	30.32	62.23%	29.01	65.48%																		34.28	55.13%	30.32	62.23%		
31	Poppy Tanner	-8.09%	Sub 24	23.11	63.70%	20.37	71.79%	25.53	57.18%														23.11	63.70%						
32	Julie Swainston	-8.82%	Sub 31	30.45	52.59%	26.20	61.41%																			30.45	52.59%			
GARDEN RUNS																														
1	Jeremy Barber (Garden Run)	11.22%	Sub 31	30.21	56.83%	37.47	45.61%	37.47	45.61%	34.34	49.90%	33.20	51.74%	30.21	56.83%	31.52	54.70%	39.54	40.41%	31.45	53.52%	42.20	40.20%	37.51	45.18%	35.01	48.84%			
2	Jane Hodge (Garden Run)	8.21%	Sub 31	30.16	62.00%	36.04	53.79%							36.04	53.79%							30.16	62.00%							
3	David Gould (Garden Run)	4.24%	Sub 37	36.55	43.07%	40.57	38.83%							40.57	38.83%			36.55	43.07%	46.47	29.53%									
= 4	Dan Latham (Garden Run)		Sub 24	23.29	56.46%	23.29	56.46%					23.29	56.46%																	
= 4	Charmaine Bradford (Garden)		Sub 31	30.37	49.66%	30.37	49.66%					30.37	49.66%																	
= 4	Poppy Tanner (Garden Run)		Sub 32	31.09	47.51%	31.09	47.51%			31.09	47.51%																			
= 4	Graham Robbins (Garden Run)		Sub 41	40.25	32.81%	40.25	32.81%			40.25	32.81%																			
= 4	Simon Ibbotsons (Garden Run)		Sub 42	41.30	31.45%	41.30	31.45%			41.30	31.45%																			
								23.00		20.00		19.00		20.00		14.00		14.00		16.00		14.00		15.00		18.00				