

Weekend 5K Isolation Run Results

In order of improved WAVA		Improved	Sub	Time	WAVA	Time	WAVA	No. of	Time	WAVA	
Pos.	Runner	WAVA %	2020	Isolation Best	Prev. 2020 Best	Runs	Wk 26				
1	Mike Fitton	11.61%	Sub 24	23.09	68.09%	27.55	56.48%	3			
2	Jacqui Healey	8.32%	Sub 26	25.28	74.04%	28.44	65.72%	9	29.26	64.10%	
3	Mary Corbett	7.88%	Sub 28	27.13	73.36%	29.01	65.48%	14	27.13	73.36%	
4	Maxine Robbins	7.36%	Sub 50	49.06	37.75%	61.00	30.39%	3			
5	Julie Swainston	7.24%	Sub 24	23.19	68.65%	26.20	61.41%	3			
6	Karen Denham	6.99%	Sub 22	21.26	74.10%	23.40	67.11%	19			
7	Katherine Stocks	6.96%	Sub 31	30.55	48.19%	36.08	41.23%	2			
8	Tim Anetts	5.93%	Sub 18	17.03	75.67%	18.30	69.74%	2			
9	Ann Brucelew	5.69%	Sub 50	49.02	52.24%	55.30	46.55%	26	50.23	50.84%	
10	Kelly Anetts	5.57%	Sub 23	22.13	66.62%	24.15	61.05%	5			
11	Terry Earney	4.47%	Sub 27	26.08	71.30%	27.53	66.83%	26	27.38	67.43%	
12	Jo Avery	4.41%	Sub 24	23.26	65.26%	25.08	60.85%	20	25.23	60.25%	
13	Phil Pearce	4.04%	Sub 25	24.16	54.31%	26.13	50.27%	3			
14	Sarah Fitton	3.95%	Sub 26	25.41	66.93%	26.57	62.98%	26	27.45	61.92%	
15	Vicki Clarke	3.89%	Sub 27	26.50	55.26%	29.00	51.37%	14	28.31	52.24%	
16	Danii Bundy	3.34%	Sub 27	26.41	55.34%	28.24	52.00%	11			
17	Chris Kidd	3.27%	Sub 31	30.08	44.30%	32.32	41.03%	10			
18	Graham Robbins	3.20%	Sub 19	18.38	71.20%	19.26	68.00%	7	20.25	64.94%	
19	Tamsin Roberts	3.19%	Sub 24	23.45	62.38%	25.02	59.19%	16			
20	Andy Mansfield	3.04%	Sub 26	25.43	58.77%	27.07	55.73%	3			
21	James Clarke	2.77%	Sub 18	17.57	74.38%	18.31	71.61%	1			
22	Jeremy Barber	2.76%	Sub 27	26.40	64.69%	27.35	61.93%	26	29.26	58.61%	
23	Ben Andrew	1.95%	Sub 19	18.29	71.74%	19.00	69.79%	13			
24	Dan Latham	1.73%	Sub 18	17.48	74.72%	18.10	72.99%	26	18.37	71.22%	
25	Alice Rudd	1.29%	Sub 19	18.53	78.38%	19.12	77.09%	6			
26	Matt Cafferky	1.28%	Sub 21	20.50	64.55%	21.06	63.27%	3			
27	Jack Fairbrother	1.13%	Sub 20	19.25	66.76%	19.45	65.63%	1			
28	David Sweeting	0.99%	Sub 23	23.00	57.65%	23.24	56.66%	1			
29	Simon Ibbotson	0.68%	Sub 19	18.35	70.22%	18.46	69.54%	23	19.27	67.10%	
30	Jane Hodge	0.42%	Sub 24	23.07	83.92%	23.14	83.50%	26	23.39	82.03%	
31	Callum Johnson	0.22%	Sub 18	17.38	73.16%	17.49	72.94%	4	17.41	72.95%	
32	Grace Hawker	0.18%	Sub 29	28.44	51.51%	28.50	51.33%	7	29.48	49.66%	
33	Giuliana Franzese-Henry		Sub 27	26.21	66.07%	26.21	66.07%	1			
34	Mark Lee		Sub 25	24.18	63.24%	24.18	63.24%	4			
35	Sara Harvey		Sub 36	35.59	46.94%	35.59	46.94%	1			
36	Graeme Johnson		Sub 23	22.44	60.06%	22.44	60.06%	1			
37	Jan Anglim		Sub 36	35.47	64.32%	35.47	64.32%	1			
38	Oscar Anglim		Sub 23	22.30	57.95%	22.30	57.95%	1			
39	Sally Harbut		Sub 33	32.37	48.69%	32.37	48.69%	2	34.26	46.12%	
40	Clare Branker	-0.79%	Sub 42	41.12	35.92%	40.19	36.71%	1			
41	David Gould	-1.28%	Sub 31	30.27	53.30%	29.58	54.58%	5			
42	Sam East	-1.53%	Sub 22	21.26	65.14%	20.57	66.67%	2			
43	Mick Anglim	-2.32%	Sub 24	23.10	78.05%	22.30	80.37%	2			
44	Charmaine Bradford	-2.68%	Sub 25	24.31	62.02%	23.30	64.70%	1			
45	Steve Blight	-2.88%	Sub 24	23.41	64.35%	22.40	67.23%	5			
46	Chloe Riggs	-3.22%	Sub 28	27.47	53.27%	26.12	56.49%	2	30.32	48.47%	
47	Poppy Tanner	-3.79%	Sub 22	21.43	68.00%	20.37	71.79%	5	22.05	67.02%	
	GARDEN RUNS										
1	Andy Barber	24.39%	Sub 31	30.52	54.86%	40.20	30.47%	3	30.52	54.86%	
2	Jane Hodge (Garden Run)	11.42%	Sub 30	29.45	65.21%	36.04	53.79%	3			
3	Jeremy Barber (Garden Run)	10.28%	Sub 31	30.52	55.89%	37.47	45.61%	26	30.52	55.89%	
4	David Gould (Garden Run)	4.24%	Sub 37	36.55	43.07%	40.57	38.83%	3			
= 5	Dan Latham (Garden Run)		Sub 24	23.29	56.46%	23.29	56.46%	1			
= 5	Charmaine Bradford (Garden)		Sub 31	30.37	49.66%	30.37	49.66%	1			
= 5	Poppy Tanner (Garden Run)		Sub 32	31.09	47.51%	31.09	47.51%	1			
= 5	Mary Corbett (Garden Run)		Sub 35	34.21	58.13%	34.21	58.13%	1			
= 5	Graham Robbins (Garden Run)		Sub 41	40.25	32.81%	40.25	32.81%	1			
= 5	Simon Ibbotsons (Garden Run)		Sub 42	41.30	31.45%	41.30	31.45%	1			
				No. of lock down 5K's as a group:			431	19.00			